

SOCIAL PRESCRIBING PLUS

ANNUAL REPORT 2024 - 2025

“Social prescribing is a means for trusted individuals in clinical and community settings to identify that a person has non-medical, health-related social needs, and to subsequently connect them to non-clinical support and services within the community by co-producing a social prescription: a non-medical prescription to improve health and wellbeing, and to strengthen community connections”

SIS delivers Bilingual Social Prescribing in Brighton and Hove, through a team of linguist who share a lived experience with our Service Users. We offer tiered support for people with language needs to address the social, emotional and practical issues that are wider determinants of health and wellbeing;

Volunteer Social Prescribers triage referrals and deliver immediate support.

Social Prescribing **Caseworkers** provide more intensive, sustained social prescribing casework for a comprehensive range of social, emotional and practical support.

Advocates give additional support to help people say what they want and secure their rights, for single social care and health issues.



Impact is measured via the change recorded by Service Users in key areas of well-being and empowerment. A scaled questionnaire is administered at the 1st and last appointment.

We also collect qualitative feedback about their experience

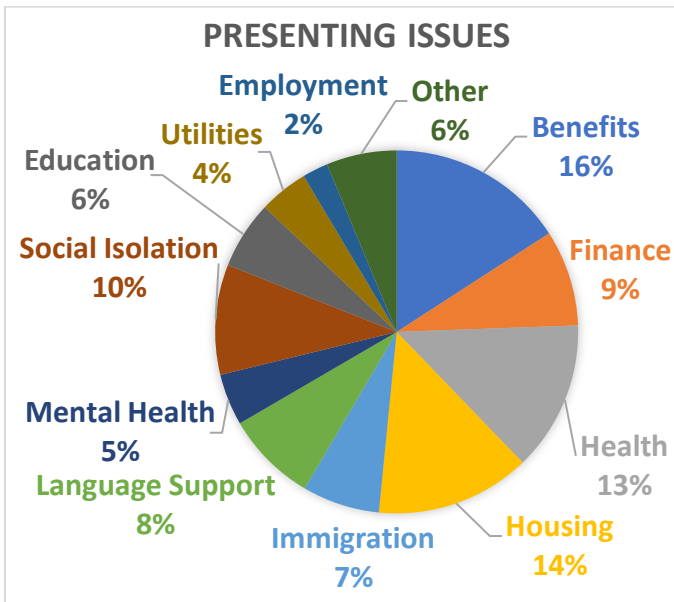
“Thank you to my Link-worker for helping me when I was in a difficult situation, it was very valuable, practical and supportive - I'm now feeling much more positive.”

We also publish case studies

<https://sussexinterpreting.org.uk/sis-stories/>

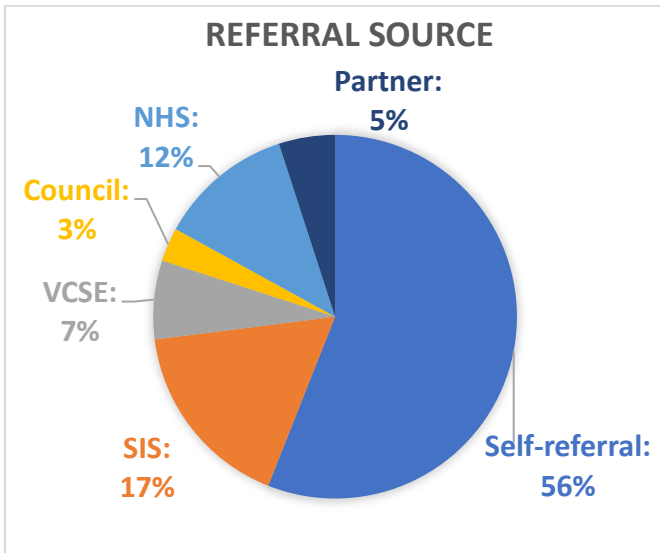
AVERAGE IMPACT FOR 27 SERVICE USERS





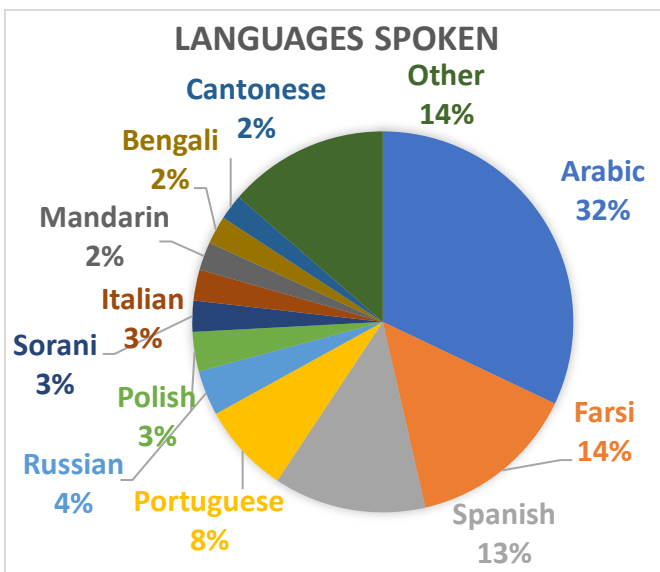
To address these presenting needs Volunteers and Link-workers made **230 onward referrals to 70 specialist organisations** & departments which included;

- 14 Local Specialist Support & Advice Services
- 11 BHCC departments
- 12 NHS hospital departments
- 10 Local Social Groups
- 6 Local ESOL providers
- 6 National Government Helplines



The option to self-refer is particularly important to our Service Users. The language barrier can make access to mainstream services very challenging because of the need to make phone calls, complete forms, and navigate websites and apps in English.

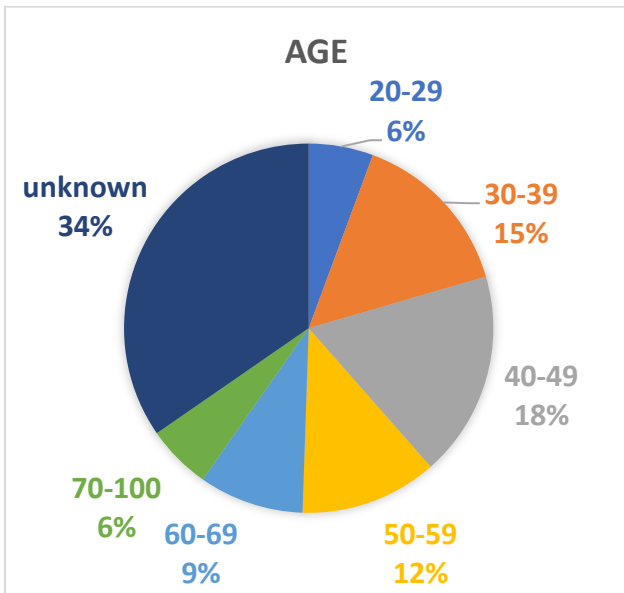
Service Users can self-refer to SIS, who they will know and trust from our interpreting provision, in their preferred language via a virtual switchboard, translated webforms, or in WhatsApp, email or in person.



SIS is able to meet needs for social prescribing in all of the most commonly spoken languages.

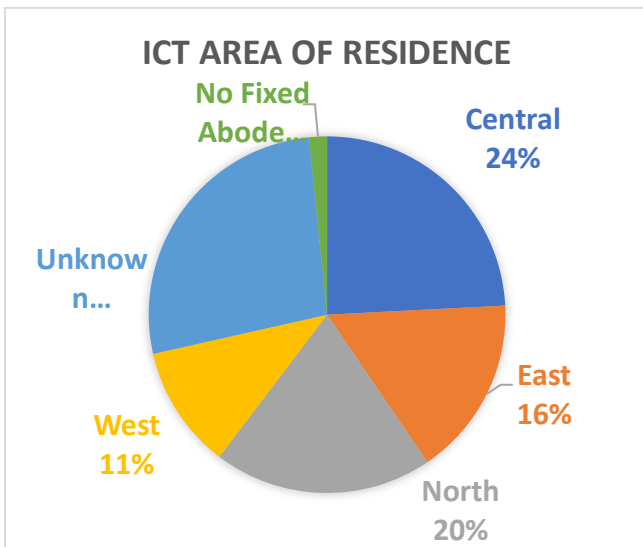
Ukrainian doesn't feature here because this has been delivered through the [BHCC Ukrainian Support Fund](#).

Other represents a further 16 languages.



SIS offers a universal service for adults of all ages.

40% are in the [Aging Well](#) age group (for whom we know their age) . Delivery of social prescribing can help reduce isolation and improve independence in this age group from whom frailty is an increasing issue.



SIS Service Users reside across the whole city.

30% live in B&H's most deprived neighbourhoods including; Moulescoomb & Bevendean, Whitehawk, Hangleton & Knoll, Portslade Village, parts of Kemptown, Woodingdean and Central Brighton.